EXPLAINING THE HIGH-RISK BEHAVIORS OF ADOLESCENTS BASED ON THE DARK TRIPLE PERSONALITY TRAITS OF MOTHERS WITH THE MEDIATING ROLE OF EARLY MALADAPTIVE SCHEMAS

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ABSTRACT

Different aspects of the parent-child relationship play considerable roles in developing later behaviors and their continuation, including risky behaviors during adolescence. According to research evidence, parents' personality traits affect the creation and tendency of risky behaviors in adolescence. However, the mediating mechanism and causes of this relationship are still unclear. Therefore, the present study aims at investigating the mediating role of early maladaptive schemas in the relationship between the dark triple personality traits of mothers and the high-risk behaviors of adolescents. The present research is a descriptive-correlation study. Using the multi-stage cluster sampling method, about 367 adolescent students were selected. They responded to the Iranian Adolescents Risk-taking Scale and the Young Schema Questionnaire. Also, their mothers responded to the Short Dark Triad Personality Scale. Correlation results showed that there is a positive relationship between mothers' negative personality traits and adolescents' risky behavior. Also, there is a positive relationship between mothers' negative personality traits and adolescents' maladaptive schemas, including defectiveness/shame schema, dependence/incompetence schema, and vulnerability schema. The results showed that shame/deficiency schema, dependence/incompetence schema, and vulnerability schema have a significant mediating role in the relationship between mothers' negative personality traits and adolescents' risky behavior. Based on these findings, it seems that the dark triple personality traits of mothers negatively affect the creation of early maladaptive schemas in adolescents, which increase the tendency to engage in risky behaviors such as dangerous driving, violence, smoking, drug use, alcohol consumption, relationship with the opposite sex and risky sexual behavior

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